

| Upcoming Things of Interest | | |
|-----------------------------|-----------|---|
| Fri, May 7 | 5 pm | Deadline to submit housing survey (see note page 3) |
| Sat, May 8 | 10-1 pm | City litter pick-up, Shipyards Park |
| Thurs, May 13 | Noon | "Thursday on the lawn" begins again! |
| Thurs, May 13 | 7 pm | Zoom – Session 2 – gardening |
| Fri, May 14 | All day | Braeburn Camp Clean-up |
| Sat, May 15 | Afternoon | In-person – plant sale at the church (see note below) |
| Sat, May 15 | All day | Braeburn Camp Clean-up |
| Sun, June 6 | 1 pm-ZOOM | AGM |

Could this be you?

Chair, Finance Committee - Could this be you? As many of you will know, Jennifer Moorlag and her husband, Barry Waitt, are moving from the territory this summer. Jennifer has served as Church Treasurer and Finance Committee Chair and Co-Chair for several years. A wonderful person has stepped forward to take on the Treasurer role! We are now seeking a Finance Committee Chair. The role is truly that of committee chair - calling and chairing meetings, developing meeting agendas, working with other church committees and with the Treasurer and Finance Committee.

Jennifer is happy to chat about the role - time commitment, tasks and the AWESOME people that are all staying on Finance Committee. Call (333-0228) or email (jennifermoorlag@gmail.com) for more info.

Thursday on the lawn beginning again May 13th. Bring a chair, a beverage and dress for the weather (warm hopefully!) – a weekly opportunity to chat with church family in a socially distanced, safe manner.

Plant Sale:

Just want to let you know that the bedding plant sale this year will go ahead on the afternoon of **Saturday May 15th at the church**. If you are able and willing, you are welcome to contribute plants. Popular items have been tomato plants, other vegetables, herbs and flowers. Contact Diane if you have any questions or are planning to contribute plants at emond.diane@gmail.com.

NEW - To sign up for a time slot to purchase seedlings at the plant sale, please email Diane at emond.diane@gmail.com or text 867-335-7009. The sale is Saturday May 15th 1 to 4 pm at the church entrance.

A Prayer for Mother's Day

Loving God, help us make Mother's Day more meaningful.

Help us make it a time of generosity through our Mission & Service that helps change the lives of families at home and around the world.

Help us make it even more of a celebration of those extraordinary people in our lives we call mom, who are like mothers to us, and to people of all genders, as well as trans and non-binary persons who offer mothering care.

Help us make it more supportive of mothers who have lost children, children who have lost mothers, women who long to be mothers, and those who choose not to be mothers.

Help us make it more open to those who don't fit the traditional model of family and feel left out during this holiday.

Help us make it more caring of single moms, new moms, and those looking after their moms during the pandemic without the social supports that are usually in place.

Help us make it more aware of those whose mothering responsibilities stretch across decades to span a lifetime.

Help us make it more loving for those who want to draw closer to their mother and more healing for those who need to keep a distance.

Help us make Mother's Day more, O God.

More generous...more open...more caring.

We pray this in your holy name.

Amen.

NEW - Please participate before Friday May 7th.....

Here's the link to the housing survey being undertaken by the Yukon Anti-Poverty Coalition to help update "A Home for Everyone". We're aiming to **get most surveys in by Friday**. Please share widely and stay tuned for the next steps. <https://www.surveymonkey.com/r/H76GMQW>

STORY TIME - SONG REQUESTS!!

Most of you will know that ever since March of 2020 we have done a story time every night at 7 pm on Facebook. There is a variety of story readers/tellers, and a good group of listeners every night.

Two of our story tellers are Sean Wilkinson and Emily Payne. They're on each Wednesday night, and one of the delightful things about Wednesday nights with Emily and Sean (and now brand new baby Llewyn) is that they sing to us.

And now - they're taking requests!

I've begun "Music Mondays" and asked you to think about the earliest songs you can remember in your life. Does anyone have a song from your early childhood that you'd submit as a request to Sean and Emily? They'll do it if they can, and we'll let you know what Wednesday night your song will be featured.

Coming up

Nature Journaling. Tuesdays, 7:00 – 8:30 pm PDT (**TONIGHT** - May 4, 11, 18, 25), online. Let us help you connect in a deeper way with creation and awaken your creativity and your sense of wonder. Writing is always an adventure; you never know where you will end up or what you will discover in the process.

During this program, you will gain some new journal tools and connect with an incredible community of like-minded souls. You'll be encouraged to get outside, whether it's on your balcony, or in the park, or somewhere in the wild and just be. No one will have a journal just like you. We'll share and support each other as we give voice to our discoveries in nature. Led by WayPoint's Director, Rev. Sue Rodgers. [Click here](#) (CTRL + Click) for more information and **to register**.

WayPoint Centre for Spiritual Growth is an initiative of the Leadership Church Planting Project (Pacific Mountain Region) and is an emerging ministry of Eagle Ridge United Church, Coquitlam, BC



Cleanup weekend for Braeburn Camp is scheduled for **Friday, May 14 and Saturday, May 15.**

Even though the kids' camps have been cancelled for this summer, use of the camp will still be promoted for retreats, family outings, and renters. Also, each of the supporting churches will reserve a weekend for members of their congregations to have a 'church camp', within COVID restrictions and guidelines, of course.

So, it is important to prepare the camp with the annual cleanup.

The list of tasks is extensive so many hands will help make for light work (as the saying goes ☺).

Coming out Friday afternoon or evening and staying overnight is optional. If you plan to come out for the Saturday, please come early so you can enjoy the great breakfast starting at 8:00 am.

Stella Martin has offered to coordinate accommodation at the camp for those requiring an overnight stay in available cabins. Please send her an email message (stellamartin1981@hotmail.com) to reserve a cabin.

Please make sure announcements are made for this event so we can get a good turnout.

Hank Moorlag
On behalf the Braeburn Camp Property Maintenance Committee

FREE FOOD in Whitehorse

COVID health & safety protocols will be in place

7 days a week

BREAKFAST

7 am to 11 pm
Whitehorse
Emergency Shelter
405 Alexander St.

LUNCH

11:30 am to 1 pm
Whitehorse
Emergency Shelter
405 Alexander St.

DINNER

5 pm to 6:30 pm
To-Go Meals for pick up
Family Hotel
314 Roy St.

+ Additional LUNCH Opportunities:

Mon, Wed & Fri
12 pm to 2 pm
Stookum Jim
Friendship Centre
3157 – 3rd Avenue

Tue & Thurs
1 pm to 5 pm
Sandwiches provided
Mary House
504 Cook Street

Women & Children

Tue & Thurs
11:30 am to 1 pm
Bully & Sisters
The United Church
601 Main St.

Wednesday
11:30 am to 1:00 pm
Victoria Faulkner
Women's Centre
503 Hanson St.

+ Additional DINNER Opportunities:

Tuesdays to Saturdays

Youth ages 12 to 18
6 pm
BGC Yukon
306 Alexander St.

Friday, Saturday, Sunday

Women & Children
5:30 to 7:30 pm
A Safe Place
503 Hanson St.

+ Whitehorse Food Bank HAMPER PICK UP 306 Alexander St.

Tues & Thurs
10 am to 12:45 pm
& 3 to 4:45 pm

Families only
Wednesdays
10 am to 12 noon



**Yukon Anti-Poverty
COALITION**
anti-pauvreté du Yukon

For more information: Whitehorse Food Bank (867)393-2265
or Yukon Anti-Poverty Coalition at (867)334-9317

updated April 2021

Mission & Service moment ...

“We want to do more good by helping families in need.”



Are you a mother who wants to make a difference? Is there a mother or someone like a mother you want to honour? Do you know people who have lost mothers or mothers who have lost a child? Does anyone you know find Mother's Day hard? Are there people in your life whose untraditional family unit deserves recognition and celebration? This Mother's Day, Mission & Service is providing a special opportunity to not only help families in need but also reach out to honour and support our loved ones.

Make a [special Mission & Service gift](#) this Mother's Day/Christian Family Sunday. Your gift will help families in need at home and abroad, supporting things like prenatal and parenting classes, respite care for families with children, medical clinics for babies and mothers, safe shelter, and education for children.

At the same time, when you [make a gift online](#), you can do even more good by sending any number of free e-cards. The cards say things like "Mother's Day can be so hard. I made a gift to support families in need as I thought about you today. I hope knowing you inspire me to make a difference is a comfort" and "The world needs all kinds of families! You are a blessing!" If you are [giving offline](#), feel free to borrow the wording for print cards. Don't forget to credit your congregation when you make a gift!

"Mother's Day is a time when we celebrate mothers. Which is awesome, but not for everyone. For some, the holiday can be a sad or challenging time. We want to do more good by helping families in need and make the holiday itself more inclusive and compassionate," says Sarah Charters, Acting Director of Philanthropy.

Charters is encouraging her family to make a gift instead of giving her the usual chocolate and flowers. And she's honouring her mother by making a donation. "Imagine if the church came together to give life-changing gifts, [pray](#), and provide pastoral care and encouragement at the same time," she says. "What an amazing difference!"

You can help make Mother's Day more meaningful, inclusive, and compassionate. [Make a gift](#) and send a card today! Your support changes lives!

Memorial Donations Received

Donations have been made to Whitehorse United Church in memory of the following people:

Jean and Gerald Talbot

by Linda Talbot

Val Boorse

by the Boorse family

Stewart Breithaupt

Rev. Fred & Nellie Lane

by Jan Mann

Janet Agnes Tack

by Beth Roberts

Bill & Gertie Saville Brazier

by Bev Brazier

Jim Winberg

Need help with technology?

If you are 55+ and interested in learning more about your smartphone, tablet or computer, or being online, or digital security, or just need someone to help you fix a problem, consider attending Yukon Learn's digital skills workshops. These are free. The workshops are done via Zoom and there is lots of help available with that if you are new to it. Some limited one-on-one 'help' sessions are available by appointment.

Questions? Contact Ted Ackerman at ted.ackerman@yukonlearn.com

Seniors Outreach Computer Tutor Program



FREE to seniors 55 and up



Learn about:

Computers Tablets Smartphones
Internet Email Social Media
Digital Pictures Zoom ... and more!

Weekly online learning sessions – call 1.888.668.6280 to register.



Tuesdays 1:30 to 3:30 Open lab.

Questions, answers & discussion on a wide range of topics, always interesting and lively.



Thursdays 1:30 to 3:30 Instructor led workshops.

See the latest schedule for upcoming topics.

AND ... by appointment:

One-on-one help with computers, smartphones, internet ... just about anything technical.

(Due to current COVID restrictions, one-on-one sessions must be held in a suitable public place, and with face masks, gloves and sanitization.)



This project was supported by a grant from CIRA's Community Investment Program Presented in partnership with Elder Active Recreation Association



Need to talk with someone? Struggling to cope?

Hospice Yukon: Offers many resources to help with losing a loved one, co-worker or pet:

- Living with Loss - A free, 2-hr education session to help you better understand the grieving experience.
- Counselling;
- Healing Touch;
- Grief Support Groups;
- Lending Library;
- Vigil Support in the final week to days of life;
- Professional Support.

All of these programs are offered free of charge. Staff are still available to help by e-mail and telephone. 409 Jarvis Street · Whitehorse, YT Y1A 2H4 · Canada Please call 867 667 7429 or email info@hospiceyukon.net for more info. <https://hospiceyukon.net/>

Here are some low/no cost Mental Health resources within the territory:

In-Person free- to low-cost resources

Counseling

In Whitehorse:

Mental Wellness and Substance Use Services Sarah Steele Building – 609 Steele St.,
Whitehorse: 1-866-456-3838

Canadian Mental Health Association – 209-1114 Front St, 668 6429

All Genders Yukon through *Ignite Counselling* - 3089 3rd Ave #1. Call 668-5498 for more information.

Hospice Yukon Society is a community-based not-for-profit organization that has been providing a range of *bereavement support* services to Yukoners. You can learn more about the programs and services that Hospice Yukon offers by visiting the website at www.hospiceyukon.net, dropping by the office at 409 Jarvis Street Monday- Friday 11:30 am - 3:00 pm, or calling 867-667-7429. Confidential support is provided free of charge.

Whitehorse United Church E-News, Week of May 3, 2021

In the communities:

Dawson City: Dawson City Community Hospital: 501 – 6th Avenue, Dawson City: 867-993-4300

There are also Mental Wellness hubs in Carmacks, Haines Junction, and Watson Lake. Please call 867-456-3838 or 1-866-456-3838 for more information.

(Gov)Employee Benefits (free to employees/ their families)

YG Employees can access the Employee and Family Assistance Program at 1 867 668-EFAP (3327) or 1-800-667-0993. Included in the YG Employee and Family Assistance Program is an online resource centre with additional supports related to health and wellbeing, family and relationships, career and work. **Access these resources at:** www.fseap.ca/resources.

City of Whitehorse Employees can access their Employee Assistance Program at www.homewoodhealth.com, and by calling 1-800-663-1142 (English), 1 866-398-9505 (en français).

Government of Canada Employees can access the Federal Government Employee and Family Assistance Program (EFAP) available 24/7, free and confidential, 1-800-268-7708
<https://www.canada.ca/en/health-canada/services/environmental-workplace-health/occupational-health-safety/employee-assistance-services.html>

Online and Other Resources

Crisis Services Canada • 24-hour, confidential and anonymous suicide prevention and support line. • 1-833-456-4566 • www.crisisservicescanada.ca

Canadian Virtual Hospice • Information and support on palliative and end-of-life care, loss and grief. • www.mygrief.ca or www.kidsgrief.ca

Canadian Association for Suicide Prevention • <https://suicideprevention.ca/> • <https://suicideprevention.ca/About-Suicide-and-Life-Promotion>

Tao Tel Aide • Nos lignes d'écoutes sont ouvertes 24 h sur 24 365 jours par année. Un service de confiance | 1-800-567-9699

First Nations Hope for Wellness Help Line: This is a specific resource for First Nations and Inuit to provide immediate, culturally competent telephone counselling, 24 hours a day, seven days a week and is available in English, French and upon request in Cree, Ojibway, and Inuktitut • Call the toll-free Help Line at 1-855-242-3310 or connect to the online chat at hopeforwellness.ca.

Road to Mental Readiness App (look for it in the App store or on Google Play) is a free mobile app developed by Department of National Defense to improve short-term performance and long-term mental health outcomes. <https://apps.apple.com/ca/app/r2mr/id1148743063>

COVID-19 Related Information

REGARDING PASTORAL VISITS IN THE HOSPITAL

If someone is in the hospital and wants to see a spiritual care giver, you have three options:

1. there will be a chaplain on call and you can ask the staff to put you in touch with that person (chaplains are simply local pastors and ministers and priests, including me, who take turns being on call a month at a time),
2. there are iPads available for use at the hospital and they can help you arrange a visit from me that way, or
3. for those in palliative care, it's possible for me to make an in person visit but the patient her/himself, or the family, has to add me to the list of those who are allowed to visit in person.

Reminder: COVID-19 information online

The one-stop-shop for information about COVID-19 in the Yukon – including government financial assistance programs – is at yukon.ca/covid-19. For a handy table comparing the symptoms for COVID-19, influenza and a cold, click [HERE](#).

Let's Chat Yukon now operating

Stuck at home and wishing you had someone to speak with? April 15th marked the launch of Let's Chat Yukon, a toll-free line you can call for enjoyable conversation with a fellow Yukoner. Just because you're self-isolating doesn't mean you're alone. This is a free service run by volunteers. 1-877-321-1001

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- **Yukon 211** -- Information and referral service for health, social and other government services. Confidential, free, available 24/7 in 150+ languages. Dial 2-1-1 ([LINK](#))
 - **Reach Out Support Line** -- Volunteer-based, confidential, non-judgmental and free support line organized by CMHA Yukon. 1-844-533-3030 ([LINK](#))
 - **Yukon Helpers Network** – A place to offer and ask for help in the Yukon ([LINK](#))
 - **Caremongering** -- Information, ideas and contact info for volunteer helpers. In French or English. ([LINK](#))
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