

Upcoming Things of Interest		
Wed, April 21	11 am	Webinar – Sacred Ground, A Message of Hope (see note page 3)
Sat, April 24	1 pm	Zoom – Session 1 – gardening – pre-register (see note page 4)
Thurs, May 13	7 pm	Zoom – Session 2 – gardening – pre-register (see note)
Sat, May 15	Afternoon	In-person – plant sale at the church (see note page 4)

NOTICE: Bev will be on vacation for another week.

For pastoral care that you can't give to one another, you can contact The Rev. Bert Chestnut, from Christ Church Cathedral. He has graciously agreed to cover for me for pastoral emergencies.

His office is 668-5530, where you will get a hold of either Bert himself, or Monica the office administrator, or you can leave a message, and he will get back to you as soon as he can.

Could this be you?

NEW - Chair, Finance Committee - Could this be you? As many of you will know, Jennifer Moorlag and her husband, Barry Waitt, are moving from the territory this summer. Jennifer has served as Church Treasurer and Finance Committee Chair and Co-Chair for several years. A wonderful person has stepped forward to take on the Treasurer role! We are now seeking a Finance Committee Chair. The role is truly that of committee chair - calling and chairing meetings, developing meeting agendas, working with other church committees and with the Treasurer and Finance Committee.

Jennifer is happy to chat about the role - time commitment, tasks and the AWESOME people that are all staying on Finance Committee. Call (333-0228) or email (jennifermoorlag@gmail.com) for more info.



April 7, 2021

Dempster Walk-a-thon to Support the Yukon Anti-Poverty Coalition

Members of the Yukon Anti-Poverty Coalition (YAPC) are excited to announce a fundraiser that will be taking place over the month of April. Patrick Jackson will be walking from the Dempster Corner to the Arctic Circle with the hope of increasing awareness and raising funds for the Yukon Anti-Poverty Coalition. The journey, which begins on Monday, April 12 and spans 405 km, is expected to take 17 to 21 days. Jackson will be completely self-supported, his only companion for the journey will be Dawson the dog.

"When I started preparing for this trip I wondered if there was a way that the trip could benefit more than just me," says Jackson. "I have had the great pleasure in the past of working with the Yukon Anti-Poverty Coalition and so reached out and here we are today." Jackson was introduced to YAPC as the previous owner of Changing Gear providing unsold winter clothing to the Coalition for distribution at Whitehorse Connects.

"We are so pleased to continue working with Patrick," says Executive Director Kristina Craig. "He has suggested that YAPC is an integral resource in the community so this is a real show of support for the work we do." Adds Craig, "we really are blown away that Patrick has turned his walk into a fundraiser for us AND that he is fully funding his whole trip. We'll be with him and Dawson the dog for every step!"

The Yukon Anti-Poverty Coalition facilitates the elimination of poverty in the Yukon through awareness, advocacy, education, community building and action. Donations will contribute to Whitehorse Connects, Voices Influencing Change, and the Backyard Garden at 509 Hanson Street. For more information on the work of YAPC, please visit our website at www.yapc.ca.

To make a donation you can visit the fundraising page <https://go.donorgov.io/dempsterwalkathon>

To follow the progress of the journey you can follow us on Instagram @dempsterwalkathon

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Patrick Jackson – (867) 335-3059

Kristina Craig, YAPC Executive Director – (867) 334 9318

Box 31230, Whitehorse, Yukon Y1A 4P7

(867) 334 9317 or info@yapc.ca

YAPC's Vision: that all people in the Yukon live in an inclusive community free from poverty where diversity is respected and human rights are upheld.

Coming up Register ahead of time

WEBINAR

Wednesday, April 21 at 11am Pacific/2pm Eastern IPL will also host a webinar “Sacred Ground, a Message of Hope.” We’ll have a conversation with Kiss the Ground filmmaker, Josh Tickell, and Faith in Place’s Statewide Outreach Director, Veronica Kyle, on what congregations can do to be part of the solution to food justice and climate justice. **When you register to view the film, you will also receive the Zoom link to join the webinar.** Contact Sarah for more information at programs@interfaithpowerandlight.org.

Seedling Plant Workshop:

Are you getting excited about your garden? Thinking of growing more of your own seedlings this year to transplant into your garden? Have you questions about how to improve your success with transplants? This is the workshop for you! This two-part workshop will consist of a 2-hour Zoom session on **Saturday, April 24th (1 pm)** and another 2-hour Zoom session on Thursday, May 13th (7 pm). We will go over how to be more successful in seeding and caring for your transplants as well as moving them into the garden. We give you supplies to start a batch of salad greens. Join Stephanie Starks and Diane Emond. Cost: \$20 (supplies). **Let Diane know if you would like to register at emond.diane@gmail.com.**

And along the same lines

Plant Sale:

Just want to let you know that the bedding plant sale this year will go ahead on the afternoon of **Saturday May 15th at the church**. If you are able and willing, you are welcome to contribute plants. Popular items have been tomato plants, other vegetables, herbs and flowers. Contact Diane if you have any questions or are planning to contribute plants at emond.diane@gmail.com.

WUC in the World Events & Info

For Lent this year we chose as our theme "One with the earth". This interfaith initiative rhymes with our theme and our growing awareness of the sacredness of the soil, including all living beings. Check out this opportunity below.

What if there was a simple solution that could help balance our climate, replenish our freshwater supplies, and feed the world? That solution is right under our feet.

Registration is now open to view this year's featured film, *Kiss the Ground*, as part of your events for Faith Climate Action Week's theme of "Sacred Ground: Cultivating Connections Between our Faith, our Food, and the Climate" (April 16 – 25). [Register to view the film here.](#)

Kiss the Ground is a new film how about how regenerating the world's soils has the potential to rapidly stabilize Earth's climate, restore lost ecosystems, and create abundant food supplies. This film explains why transitioning to regenerative agriculture could be key in rehabilitating the planet, while simultaneously invigorating a new sense of hope and inspiration in viewers.

[Watch the trailer and register to view the film here.](#)

Thanks to a special arrangement with *Kiss the Ground* and *Ro*co* films, IPL will offer a free online viewing period for home viewing from April 10 through April 26. All viewers must register with IPL. Once you register you will receive a link-to-view for three different versions—the full-length film (84 minutes), a grower version (45 minutes), and an educational version for schools (45 minutes.)

Please [share the link to register](#). (not the "link to view") That way we can get an approximate count of viewers to THANK *Kiss the Ground* and *Ro*co* films for this fabulous opportunity.

[Download the free screening kit](#) that includes faith-based discussion questions on the film page, and host a film discussion with your congregation. [DVDS of *Kiss the Ground* are still available.](#)

UPDATE - Climate Change

Last year the Yukon Government released the first document of its kind, Our Clean Future, with a plan to significantly reduce Yukon's greenhouse gas emissions in alignment with the Paris Accord. WUC in the World reviewed this over several months in the fall.

The City of Whitehorse also released a report on its greenhouse gas emissions (Corporate Greenhouse Gas Emissions Report, updated version in June 2020) and WUC in the World reviewed this.

Following our recommendations, Whitehorse United sent letters with comments and suggestions to the Yukon Government and City of Whitehorse. We are just forwarding links to the letters and responses received for your

information: <https://onedrive.live.com/?authkey=%21AENGE6yVV6vHyoM&id=4C8F4F15281F058C%212570&cid=4C8F4F15281F058C>

SPRING CLEANING - Carlos Sanchez is available for spring cleaning contracts: homes or businesses - you'd better book him fast!

carsanagui@gmail.com



INCOME TAX CLINIC

DUE TO COVID RESTRICTIONS:

BY APPOINTMENT

OR

DROP OFF ONLY

For appointment call: 383-8320

Open: Wednesdays, 1 – 3:30p.m.

Throughout March and April

311 Black Street (SA Building)

**Please bring:
photo identification and all T slips**

Help is available in the community

It's tax time again ... CRA help available

Do you need help with specific benefit or tax return issues? Call the CRA's Yukon Outreach Office at 1-833-615-2383 for assistance (you'll have to leave a voice mail).

For general tax / benefit queries or to receive a mailed copy of your Notice of Assessment, call the Northern Residents dedicated phone line at 1-866-426-1527 (only works for people calling from the 867 area code).

Service Canada provides in-person service to the public, Monday to Friday, at the Elijah Smith Building, main floor. If you or someone you know has a low income, check out the clinics offered by the Victoria Faulkner Women's Centre (women only) and Salvation Army ([poster](#)). April 30 is the deadline for filing your tax return.

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- **Yukon 211** -- Information and referral service for health, social and other government services. Confidential, free, available 24/7 in 150+ languages. Dial 2-1-1 ([LINK](#))
 - **Reach Out Support Line** -- Volunteer-based, confidential, non-judgmental and free support line organized by CMHA Yukon. 1-844-533-3030 ([LINK](#))
 - **Yukon Helpers Network** – A place to offer and ask for help in the Yukon ([LINK](#))
 - **Caremongering** -- Information, ideas and contact info for volunteer helpers. In French or English. ([LINK](#))
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Memorial Donations Received

Donations have been made to Whitehorse United Church in memory of the following people:

Jean and Gerald Talbot

by Linda Talbot

Val Boorse

by the Boorse family

Stewart Breithaupt

Rev. Fred & Nellie Lane

by Jan Mann

Janet Agnes Tack

by Beth Roberts

Bill & Gertie Saville Brazier

by Bev Brazier

Jim Winberg

Need help with technology?

If you are 55+ and interested in learning more about your smartphone, tablet or computer, or being online, or digital security, or just need someone to help you fix a problem, consider attending Yukon Learn's digital skills workshops. These are free. The workshops are done via Zoom and there is lots of help available with that if you are new to it. Some limited one-on-one 'help' sessions are available by appointment.

Questions? Contact Ted Ackerman at ted.ackerman@yukonlearn.com

Seniors Outreach Computer Tutor Program



FREE to seniors 55 and up



Learn about:

Computers Tablets Smartphones
Internet Email Social Media
Digital Pictures Zoom ... and more!

Weekly online learning sessions – call 1.888.668.6280 to register.



Tuesdays 1:30 to 3:30 Open lab.

Questions, answers & discussion on a wide range of topics, always interesting and lively.



Thursdays 1:30 to 3:30 Instructor led workshops.

See the latest schedule for upcoming topics.

AND ... by appointment:

One-on-one help with computers, smartphones, internet ... just about anything technical.

(Due to current COVID restrictions, one-on-one sessions must be held in a suitable public place, and with face masks, gloves and sanitization.)



This project was supported by a grant from CIRA's Community Investment Program Presented in partnership with Elder Active Recreation Association



Need to talk with someone? Struggling to cope?

Hospice Yukon: Offers many resources to help with losing a loved one, co-worker or pet:

- Living with Loss - A free, 2-hr education session to help you better understand the grieving experience.
- Counselling;
- Healing Touch;
- Grief Support Groups;
- Lending Library;
- Vigil Support in the final week to days of life;
- Professional Support.

All of these programs are offered free of charge. Staff are still available to help by e-mail and telephone. 409 Jarvis Street · Whitehorse, YT Y1A 2H4 · Canada Please call 867 667 7429 or email info@hospiceyukon.net for more info. <https://hospiceyukon.net/>

Here are some low/no cost Mental Health resources within the territory:

In-Person free- to low-cost resources

Counseling

In Whitehorse:

Mental Wellness and Substance Use Services Sarah Steele Building – 609 Steele St.,
Whitehorse: 1-866-456-3838

Canadian Mental Health Association – 209-1114 Front St, 668 6429

All Genders Yukon through *Ignite Counselling* - 3089 3rd Ave #1. Call 668-5498 for more information.

Hospice Yukon Society is a community-based not-for-profit organization that has been providing a range of *bereavement support* services to Yukoners. You can learn more about the programs and services that Hospice Yukon offers by visiting the website at www.hospiceyukon.net, dropping by the office at 409 Jarvis Street Monday- Friday 11:30 am - 3:00 pm, or calling 867-667-7429. Confidential support is provided free of charge.

In the communities:

Dawson City: Dawson City Community Hospital: 501 – 6th Avenue, Dawson City: 867-993-4300

There are also Mental Wellness hubs in Carmacks, Haines Junction, and Watson Lake. Please call 867-456-3838 or 1-866-456-3838 for more information.

(Gov)Employee Benefits (free to employees/ their families)

YG Employees can access the Employee and Family Assistance Program at 1 867 668-EFAP (3327) or 1-800-667-0993. Included in the YG Employee and Family Assistance Program is an online resource centre with additional supports related to health and wellbeing, family and relationships, career and work. **Access these resources at:** www.fseap.ca/resources.

City of Whitehorse Employees can access their Employee Assistance Program at www.homewoodhealth.com, and by calling 1-800-663-1142 (English), 1 866-398-9505 (en français).

Government of Canada Employees can access the Federal Government Employee and Family Assistance Program (EFAP) available 24/7, free and confidential, 1-800-268-7708
<https://www.canada.ca/en/health-canada/services/environmental-workplace-health/occupational-health-safety/employee-assistance-services.html>

Online and Other Resources

Crisis Services Canada • 24-hour, confidential and anonymous suicide prevention and support line. • 1-833-456-4566 • www.crisisservicescanada.ca

Canadian Virtual Hospice • Information and support on palliative and end-of-life care, loss and grief. • www.mygrief.ca or www.kidsgrief.ca

Canadian Association for Suicide Prevention • <https://suicideprevention.ca/> • <https://suicideprevention.ca/About-Suicide-and-Life-Promotion>

Tao Tel Aide • Nos lignes d'écoutes sont ouvertes 24 h sur 24 365 jours par année. Un service de confiance | 1-800-567-9699

First Nations Hope for Wellness Help Line: This is a specific resource for First Nations and Inuit to provide immediate, culturally competent telephone counselling, 24 hours a day, seven days a week and is available in English, French and upon request in Cree, Ojibway, and Inuktitut • Call the toll-free Help Line at 1-855-242-3310 or connect to the online chat at hopeforwellness.ca.

Road to Mental Readiness App (look for it in the App store or on Google Play) is a free mobile app developed by Department of National Defense to improve short-term performance and long-term mental health outcomes. <https://apps.apple.com/ca/app/r2mr/id1148743063>

COVID-19 Related Information

REGARDING PASTORAL VISITS IN THE HOSPITAL

If someone is in the hospital and wants to see a spiritual care giver, you have three options:

1. there will be a chaplain on call and you can ask the staff to put you in touch with that person (chaplains are simply local pastors and ministers and priests, including me, who take turns being on call a month at a time),
2. there are iPads available for use at the hospital and they can help you arrange a visit from me that way, or
3. for those in palliative care, it's possible for me to make an in person visit but the patient her/himself, or the family, has to add me to the list of those who are allowed to visit in person.

“Virtual” health appointments are now available. Thanks to COVID-19, Yukoners now can have a “virtual health appointment” with a doctor or optometrist using a computer with a “tele-medicine” program called Doxy. Anecdotal reports from seniors who have used the service have all been positive – perhaps this option will continue after self-isolation is no longer required? It will make life easier for people in the communities or with transportation challenges in town. You still need to make an appointment with your physician in the usual way. Don’t forget the 811 phone service is also available if you have a health question or concern.

Reminder: COVID-19 information online

The one-stop-shop for information about COVID-19 in the Yukon – including government financial assistance programs – is at yukon.ca/covid-19. For a handy table comparing the symptoms for COVID-19, influenza and a cold, click [HERE](#).

Let’s Chat Yukon now operating

Stuck at home and wishing you had someone to speak with? April 15th marked the launch of Let’s Chat Yukon, a toll-free line you can call for enjoyable conversation with a fellow Yukoner. Just because you’re self-isolating doesn’t mean you’re alone. This is a free service run by volunteers. 1-877-321-1001