

The worship calendar until Easter	
Mar. 28	Lent 6 – Palm Sunday
Apr. 2	Good Friday -COVID-style live 10:30 service
Apr. 5	Easter Sunday -COVID-style live 10:30 service

NOTICE: Bev will be on vacation for two weeks right after Easter.

For pastoral care that you can't give to one another, you can contact The Rev. Bert Chestnut, from Christ Church Cathedral. He has graciously agreed to cover for me for pastoral emergencies.

His office is 668-5530, where you will get a hold of either Bert himself, or Monica the office administrator, or you can leave a message, and he will get back to you as soon as he can.

Big, big shout out to

WUC People Played Key Roles in Vaccine Rollout

Did you know that at least three people from our congregation have been the architects of the vaccine program?

Sheila Thompson, Director of Community Nursing, spent her Christmas holiday drafting and redrafting the plans for the vaccination program. **Brenda Dedon** and **Jane Boutette**, both Managers of Public Health turned those plans into the on-the-ground process that has worked so very well.

We owe a debt of gratitude to all of them for making the Yukon a safe place in these uncertain times.

Red Pepper Jelly still available!

Red Pepper jelly available through the church office for \$5/jar – a fundraiser for the church.

Ordering and e-transfer payment can be made through the church office by email (no phone calls please). wuc@klondiker.com and for e-transfer, please indicate what you are paying for – e.g. jellies (or donation!)

NEW - WUC Climate Conversations for the Love of Creation

Churches and church organizations across Canada are responding to the growing concern about climate change by working together under the banner *For the Love of Creation*. Under this banner, church congregations are encouraged to hold climate conversations between 6-8 people.

Your WUC in the World Committee is planning to host the first of these conversations on **Wednesday, April 7 at 7 pm** via Zoom. The first conversation will focus on what you think and feel about climate change and our shared future. Later conversations will focus on what can be done about it.

If you are interested to be part of this first conversation, please let Stephanie Starks (starks.jacob@northwestel.net) or Stu Clark (stu@stuandsusan.ca) know. *Be one of the eight people in this first congregation climate conversation.*

THIS WEEK - *Open Invitation to Women of Whitehorse United Church.....*

Last month, women of Whitehorse United Church gathered together on a Saturday morning for our first **Connections** group. Ruth Stebbing led us in prayer, an introduction round circle and a short scripture lesson. The remainder of the time was spent re-connecting with women of our church family. Some brought hand crafts, others brought good intentions of doing hand work but instead visited with women not seen in a year. The din of chit chat was glorious. Attendance was the singular item recorded. No committees were struck and no tasks assigned.

The next **Connections** gathering will be **March 27, 1030 to 1200** at Whitehorse United Church Lewis Hall. Women of Whitehorse United Church are welcome to come out, join in the chit chat and re-Connect.

We will observe the COVID 19 safety recommendations as follows:

Please defer attending if you:

- are sick;
- have been in contact with someone diagnosed with COVID-19; or
- travelled to an area which requires self-isolation on return.

Otherwise.....

- please wear a non-medical mask until you are seated
- sanitize your hands upon entry to the hall
- chairs will be 6 feet apart (sorry ladies, no mingling and laughing in the kitchen)
- we are not permitted to share food; please bring your tea or coffee in your travel mug and a snack if you choose
- please bring a project if you wish... or not.... some of us just like to chat
- unfortunately we cannot offer childcare
- list of all attendees will be maintained

Any questions please feel free to call Beth at 633-2710.

This Changes Everything: The Peacebuilding Power of Scripture Telling

Friday, April 9, 2021 - 1:00 p.m. to Sunday, April 11, 2021 - 2:00 p.m.

Festival of Biblical Storytelling

Celebrating and practising the transformative art and discipline of telling Christian scripture by heart.

This Changes Everything: The Peacebuilding Power of Scripture Telling

Join Dr. Tom Boomershine, acclaimed speaker, author and founder of the Biblical Storytelling Movement, and other workshop leaders from across Canada for theme presentations, worship & praise, workshops for newcomers, workshops for experienced tellers, and the Epic Telling of Mark (this is soooooo cool). LeaderShift is thrilled to be sponsoring this event with the Network of Biblical Storytellers Canada.

The cost is \$50 per person (or \$30 if you register before March 15). A group rate of \$25/ person when coming with 5 or more is available across the registration window (no date restrictions).

MORE INFORMATION ON THE WEBSITE OF THE PACIFIC MOUNTAIN REGIONAL COUNCIL OF THE UNITED CHURCH OF CANADA THROUGH ITS LEADER SHIFT PROGRAMME.

See the welcome letter and updated schedule in the attached document.

INCOME TAX CLINIC

DUE TO COVID RESTRICTIONS:

BY APPOINTMENT

OR

DROP OFF ONLY

For appointment call: 383-8320

Open: Wednesdays, 1 – 3:30p.m.

Throughout March and April

311 Black Street (SA Building)

**Please bring:
photo identification and all T slips**

Help is available in the community

It's tax time again ... CRA help available

Do you need help with specific benefit or tax return issues? Call the CRA's Yukon Outreach Office at 1-833-615-2383 for assistance (you'll have to leave a voice mail).

For general tax / benefit queries or to receive a mailed copy of your Notice of Assessment, call the Northern Residents dedicated phone line at 1-866-426-1527 (only works for people calling from the 867 area code).

Service Canada provides in-person service to the public, Monday to Friday, at the Elijah Smith Building, main floor. If you or someone you know has a low income, check out the clinics offered by the Victoria Faulkner Women's Centre (women only) and Salvation Army ([poster](#)). April 30 is the deadline for filing your tax return.

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- **Yukon 211** -- Information and referral service for health, social and other government services. Confidential, free, available 24/7 in 150+ languages. Dial 2-1-1 ([LINK](#))
 - **Reach Out Support Line** -- Volunteer-based, confidential, non-judgmental and free support line organized by CMHA Yukon. 1-844-533-3030 ([LINK](#))
 - **Yukon Helpers Network** – A place to offer and ask for help in the Yukon ([LINK](#))
 - **Caremongering** -- Information, ideas and contact info for volunteer helpers. In French or English. ([LINK](#))
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Still in original box and looking for a new home (for free)!

Delivery has even been offered!

Please email the office at wuc@klondiker.com if this item would be useful to your family or a household you know.

Memorial Donations Received

Donations have been made to Whitehorse United Church in memory of the following people:

Jean and Gerald Talbot

by Linda Talbot

Val Boorse

by the Boorse family

Stewart Breithaupt

Rev. Fred & Nellie Lane

by Jan Mann

Janet Agnes Tack

by Beth Roberts

Bill & Gertie Saville Brazier

by Bev Brazier

Jim Winberg

Need help with technology?

If you are 55+ and interested in learning more about your smartphone, tablet or computer, or being online, or digital security, or just need someone to help you fix a problem, consider attending Yukon Learn's digital skills workshops. These are free. The workshops are done via Zoom and there is lots of help available with that if you are new to it. Some limited one-on-one 'help' sessions are available by appointment.

Questions? Contact Ted Ackerman at ted.ackerman@yukonlearn.com

Seniors Outreach Computer Tutor Program



FREE to seniors 55 and up



Learn about:

Computers Tablets Smartphones
Internet Email Social Media
Digital Pictures Zoom ... and more!

Weekly online learning sessions – call 1.888.668.6280 to register.



Tuesdays 1:30 to 3:30 Open lab.

Questions, answers & discussion on a wide range of topics, always interesting and lively.



Thursdays 1:30 to 3:30 Instructor led workshops.

See the latest schedule for upcoming topics.

AND ... by appointment:

One-on-one help with computers, smartphones, internet ... just about anything technical.

(Due to current COVID restrictions, one-on-one sessions must be held in a suitable public place, and with face masks, gloves and sanitization.)



This project was supported by a grant from CIRA's Community Investment Program Presented in partnership with Elder Active Recreation Association



Need to talk with someone? Struggling to cope?

Hospice Yukon: Offers many resources to help with losing a loved one, co-worker or pet:

- Living with Loss - A free, 2-hr education session to help you better understand the grieving experience.
- Counselling;
- Healing Touch;
- Grief Support Groups;
- Lending Library;
- Vigil Support in the final week to days of life;
- Professional Support.

All of these programs are offered free of charge. Staff are still available to help by e-mail and telephone. 409 Jarvis Street · Whitehorse, YT Y1A 2H4 · Canada Please call 867 667 7429 or email info@hospiceyukon.net for more info. <https://hospiceyukon.net/>

Here are some low/no cost Mental Health resources within the territory:

In-Person free- to low-cost resources

Counseling

In Whitehorse:

Mental Wellness and Substance Use Services Sarah Steele Building – 609 Steele St.,
Whitehorse: 1-866-456-3838

Canadian Mental Health Association – 209-1114 Front St, 668 6429

All Genders Yukon through *Ignite Counselling* - 3089 3rd Ave #1. Call 668-5498 for more information.

Hospice Yukon Society is a community-based not-for-profit organization that has been providing a range of *bereavement support* services to Yukoners. You can learn more about the programs and services that Hospice Yukon offers by visiting the website at www.hospiceyukon.net, dropping by the office at 409 Jarvis Street Monday- Friday 11:30 am - 3:00 pm, or calling 867-667-7429. Confidential support is provided free of charge.

In the communities:

Dawson City: Dawson City Community Hospital: 501 – 6th Avenue, Dawson City: 867-993-4300

There are also Mental Wellness hubs in Carmacks, Haines Junction, and Watson Lake. Please call 867-456-3838 or 1-866-456-3838 for more information.

(Gov)Employee Benefits (free to employees/ their families)

YG Employees can access the Employee and Family Assistance Program at 1 867 668-EFAP (3327) or 1-800-667-0993. Included in the YG Employee and Family Assistance Program is an online resource centre with additional supports related to health and wellbeing, family and relationships, career and work. **Access these resources at:** www.fseap.ca/resources.

City of Whitehorse Employees can access their Employee Assistance Program at www.homewoodhealth.com, and by calling 1-800-663-1142 (English), 1 866-398-9505 (en français).

Government of Canada Employees can access the Federal Government Employee and Family Assistance Program (EFAP) available 24/7, free and confidential, 1-800-268-7708
<https://www.canada.ca/en/health-canada/services/environmental-workplace-health/occupational-health-safety/employee-assistance-services.html>

Online and Other Resources

Crisis Services Canada • 24-hour, confidential and anonymous suicide prevention and support line. • 1-833-456-4566 • www.crisisservicescanada.ca

Canadian Virtual Hospice • Information and support on palliative and end-of-life care, loss and grief. • www.mygrief.ca or www.kidsgrief.ca

Canadian Association for Suicide Prevention • <https://suicideprevention.ca/> • <https://suicideprevention.ca/About-Suicide-and-Life-Promotion>

Tao Tel Aide • Nos lignes d'écoutes sont ouvertes 24 h sur 24 365 jours par année. Un service de confiance | 1-800-567-9699

First Nations Hope for Wellness Help Line: This is a specific resource for First Nations and Inuit to provide immediate, culturally competent telephone counselling, 24 hours a day, seven days a week and is available in English, French and upon request in Cree, Ojibway, and Inuktitut • Call the toll-free Help Line at 1-855-242-3310 or connect to the online chat at hopeforwellness.ca.

Road to Mental Readiness App (look for it in the App store or on Google Play) is a free mobile app developed by Department of National Defense to improve short-term performance and long-term mental health outcomes. <https://apps.apple.com/ca/app/r2mr/id1148743063>

COVID-19 Related Information

REGARDING PASTORAL VISITS IN THE HOSPITAL

If someone is in the hospital and wants to see a spiritual care giver, you have three options:

1. there will be a chaplain on call and you can ask the staff to put you in touch with that person (chaplains are simply local pastors and ministers and priests, including me, who take turns being on call a month at a time),
2. there are iPads available for use at the hospital and they can help you arrange a visit from me that way, or
3. for those in palliative care, it's possible for me to make an in person visit but the patient her/himself, or the family, has to add me to the list of those who are allowed to visit in person.

“Virtual” health appointments are now available. Thanks to COVID-19, Yukoners now can have a “virtual health appointment” with a doctor or optometrist using a computer with a “tele-medicine” program called Doxy. Anecdotal reports from seniors who have used the service have all been positive – perhaps this option will continue after self-isolation is no longer required? It will make life easier for people in the communities or with transportation challenges in town. You still need to make an appointment with your physician in the usual way. Don’t forget the 811 phone service is also available if you have a health question or concern.

Reminder: COVID-19 information online

The one-stop-shop for information about COVID-19 in the Yukon – including government financial assistance programs – is at yukon.ca/covid-19. For a handy table comparing the symptoms for COVID-19, influenza and a cold, click [HERE](#).

If you can, support our local restaurants

Don't feel like cooking one night and want to support a local restaurant? What's Up Yukon has done a great job at keeping us up to date with all the restaurants that are still open and offering take-out/delivery services. If you have a favourite restaurant, now is the time to support them so they'll be around after the COVID restrictions are lifted. Click [HERE](#) for the list.

Let's Chat Yukon now operating

Stuck at home and wishing you had someone to speak with? April 15th marked the launch of Let's Chat Yukon, a toll-free line you can call for enjoyable conversation with a fellow Yukoner. Just because you're self-isolating doesn't mean you're alone. This is a free service run by volunteers. 1-877-321-1001