

<b>The worship calendar until Easter .....</b>	
Mar. 21	Lent 5
Mar. 28	Lent 6 – Palm Sunday
Apr. 2	Good Friday -COVID-style live 10:30 service
Apr. 5	Easter Sunday -COVID-style live 10:30 service

## **Red Pepper Jelly still available!**

**Red Pepper jelly** available through the church office for \$5/jar – a fundraiser for the church.

Ordering and e-transfer payment can be made through the church office by email (no phone calls please). [wuc@klondiker.com](mailto:wuc@klondiker.com) and for e-transfer, please indicate what you are paying for – e.g. jellies (or donation!)

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### **THIS WEEK - Special CRA/Service Canada outreach session**

Service Canada and Canada Revenue Agency are once again reaching out to all communities in the Yukon (plus Atlin & Lower Post BC) to ensure individuals have access to and are receiving the programs, credits and benefits that they may be entitled to. A COVID-safe telephone outreach session will be held on **Friday, March 19<sup>th</sup>**, from 10am to 4 pm. Click [HERE](#) for details – please share with friends who don't use computers!

**NEW** - *Open Invitation to Women of Whitehorse United Church.....*

Last month, women of Whitehorse United Church gathered together on a Saturday morning for our first **Connections** group. Ruth Stebbing led us in prayer, an introduction round circle and a short scripture lesson. The remainder of the time was spent re-connecting with women of our church family. Some brought hand crafts, others brought good intentions of doing hand work but instead visited with women not seen in a year. The din of chit chat was glorious. Attendance was the singular item recorded. No committees were struck and no tasks assigned.

The next **Connections** gathering will be **March 27, 1030 to 1200** at Whitehorse United Church Lewis Hall. Women of Whitehorse United Church are welcome to come out, join in the chit chat and re-Connect.

We will observe the COVID 19 safety recommendations as follows:

Please defer attending if you:

- are sick;
- have been in contact with someone diagnosed with COVID-19; or
- travelled to an area which requires self-isolation on return.

Otherwise.....

- please wear a non-medical mask until you are seated
- sanitize your hands upon entry to the hall
- chairs will be 6 feet apart (sorry ladies, no mingling and laughing in the kitchen)
- we are not permitted to share food; please bring your tea or coffee in your travel mug and a snack if you choose
- please bring a project if you wish... or not... some of us just like to chat
- unfortunately we cannot offer childcare
- list of all attendees will be maintained

Any questions please feel free to call Beth at 633-2710.

## **This Changes Everything: The Peacebuilding Power of Scripture Telling**

Friday, April 9, 2021 - 1:00 p.m. to Sunday, April 11, 2021 - 2:00 p.m.

## **Festival of Biblical Storytelling**

*Celebrating and practising the transformative art and discipline of telling Christian scripture by heart.*

### **This Changes Everything: The Peacebuilding Power of Scripture Telling**

Join Dr. Tom Boomershine, acclaimed speaker, author and founder of the Biblical Storytelling Movement, and other workshop leaders from across Canada for theme presentations, worship & praise, workshops for newcomers, workshops for experienced tellers, and the Epic Telling of Mark (this is soooooo cool). LeaderShift is thrilled to be sponsoring this event with the Network of Biblical Storytellers Canada.

The cost is \$50 per person (or \$30 if you register before March 15). A group rate of \$25/ person when coming with 5 or more is available across the registration window (no date restrictions).

MORE INFORMATION ON THE WEBSITE OF THE PACIFIC MOUNTAIN REGIONAL COUNCIL OF THE UNITED CHURCH OF CANADA THROUGH ITS LEADER SHIFT PROGRAMME.



*This Changes Everything*  
*The Peacebuilding Power of Scripture Telling*

*Draft* SCHEDULE - PACIFIC TIME ZONE

Note: the confirmed schedule will be provided in all of Canada's time zones.

*Friday April 9, 2021*

4:00 - 5:30pm      Opening Session including worship, and first theme time with Dr Boomershine

*Saturday April 10, 2021*

early hours      coffee and workshop options for keepers!

9:00 - 10:30am      Morning worship and second theme session with Dr Boomershine

11:00am - 12:30pm      Workshop Block #1 - multiple workshop options

2:00-3:00pm      Third Theme Session with Dr Boomershine and featured storyteller

4:00 - 5:30 pm      Workshop Block #2 - multiple workshop options

early hours      coffee and workshop options for keepers!

*Sunday April 11, 2021*

10:00-11:00am      Final Theme session and closing worship

*Festival of BIBLICAL Storytelling*

NETWORK OF BIBLICAL STORYTELLERS OF CANADA  LeaderShift

# INCOME TAX CLINIC

DUE TO COVID RESTRICTIONS:

**BY APPOINTMENT**

*OR*

**DROP OFF ONLY**

**For appointment call: 383-8320**

**Open: Wednesdays, 1 – 3:30p.m.**

**Throughout March and April**

**311 Black Street (SA Building)**

**Please bring:  
photo identification and all T slips**

## Help is available in the community

### It's tax time again ... CRA help available

Do you need help with specific benefit or tax return issues? Call the CRA's Yukon Outreach Office at 1-833-615-2383 for assistance (you'll have to leave a voice mail).

For general tax / benefit queries or to receive a mailed copy of your Notice of Assessment, call the Northern Residents dedicated phone line at 1-866-426-1527 (only works for people calling from the 867 area code).

Service Canada provides in-person service to the public, Monday to Friday, at the Elijah Smith Building, main floor. If you or someone you know has a low income, check out the clinics offered by the Victoria Faulkner Women's Centre (women only) and Salvation Army ([poster](#)). April 30 is the deadline for filing your tax return.

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- **Yukon 211** -- Information and referral service for health, social and other government services. Confidential, free, available 24/7 in 150+ languages. Dial 2-1-1 ([LINK](#))
  - **Reach Out Support Line** -- Volunteer-based, confidential, non-judgmental and free support line organized by CMHA Yukon. 1-844-533-3030 ([LINK](#))
  - **Yukon Helpers Network** – A place to offer and ask for help in the Yukon ([LINK](#))
  - **Caremongering** -- Information, ideas and contact info for volunteer helpers. In French or English. ([LINK](#))
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**Still in original box and looking for a new home (for free)!**

Delivery has even been offered!

Please email the office at [wuc@klondiker.com](mailto:wuc@klondiker.com) if this item would be useful to your family or a household you know.

# Memorial Donations Received

Donations have been made to Whitehorse United Church in memory of the following people:

**Jean and Gerald Talbot**

by Linda Talbot

**Val Boorse**

by the Boorse family

**Stewart Breithaupt**

**Rev. Fred & Nellie Lane**

by Jan Mann

**Janet Agnes Tack**

by Beth Roberts

**Bill & Gertie Saville Brazier**

by Bev Brazier

**Jim Winberg**

# Need help with technology?

If you are 55+ and interested in learning more about your smartphone, tablet or computer, or being online, or digital security, or just need someone to help you fix a problem, consider attending Yukon Learn's digital skills workshops. These are free. The workshops are done via Zoom and there is lots of help available with that if you are new to it. Some limited one-on-one 'help' sessions are available by appointment.

Questions? Contact Ted Ackerman at [ted.ackerman@yukonlearn.com](mailto:ted.ackerman@yukonlearn.com)

Seniors Outreach Computer Tutor Program



**FREE** to seniors 55 and up



Learn about:

Computers      Tablets      Smartphones  
Internet      Email      Social Media  
Digital Pictures      Zoom      ... and more!

Weekly online learning sessions – call 1.888.668.6280 to register.



**Tuesdays 1:30 to 3:30** Open lab.

Questions, answers & discussion on a wide range of topics, always interesting and lively.



**Thursdays 1:30 to 3:30** Instructor led workshops.

See the latest schedule for upcoming topics.

**AND ... by appointment:**

One-on-one help with computers, smartphones, internet ... just about anything technical.

*(Due to current COVID restrictions, one-on-one sessions must be held in a suitable public place, and with face masks, gloves and sanitization.)*



This project was supported by a grant from CIRA's Community Investment Program Presented in partnership with Elder Active Recreation Association





# Need to talk with someone? Struggling to cope?

**Hospice Yukon:** Offers many resources to help with losing a loved one, co-worker or pet:

- Living with Loss - A free, 2-hr education session to help you better understand the grieving experience.
- Counselling;
- Healing Touch;
- Grief Support Groups;
- Lending Library;
- Vigil Support in the final week to days of life;
- Professional Support.

All of these programs are offered free of charge. Staff are still available to help by e-mail and telephone. 409 Jarvis Street · Whitehorse, YT Y1A 2H4 · Canada Please call 867 667 7429 or email [info@hospiceyukon.net](mailto:info@hospiceyukon.net) for more info. <https://hospiceyukon.net/>

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## Here are some low/no cost Mental Health resources within the territory:

In-Person free- to low-cost resources

### Counseling

In Whitehorse:

Mental Wellness and Substance Use Services Sarah Steele Building – 609 Steele St.,  
Whitehorse: 1-866-456-3838

Canadian Mental Health Association – 209-1114 Front St, 668 6429

All Genders Yukon through *Ignite Counselling* - 3089 3rd Ave #1. Call 668-5498 for more information.

Hospice Yukon Society is a community-based not-for-profit organization that has been providing a range of *bereavement support* services to Yukoners. You can learn more about the programs and services that Hospice Yukon offers by visiting the website at [www.hospiceyukon.net](http://www.hospiceyukon.net), dropping by the office at 409 Jarvis Street Monday- Friday 11:30 am - 3:00 pm, or calling 867-667-7429. Confidential support is provided free of charge.

## **In the communities:**

Dawson City: Dawson City Community Hospital: 501 – 6<sup>th</sup> Avenue, Dawson City: 867-993-4300

There are also Mental Wellness hubs in Carmacks, Haines Junction, and Watson Lake. Please call 867-456-3838 or 1-866-456-3838 for more information.

## **(Gov)Employee Benefits (free to employees/ their families)**

YG Employees can access the Employee and Family Assistance Program at 1 867 668-EFAP (3327) or 1-800-667-0993. Included in the YG Employee and Family Assistance Program is an online resource centre with additional supports related to health and wellbeing, family and relationships, career and work. **Access these resources at:** [www.fseap.ca/resources](http://www.fseap.ca/resources).

City of Whitehorse Employees can access their Employee Assistance Program at [www.homewoodhealth.com](http://www.homewoodhealth.com), and by calling 1-800-663-1142 (English), 1 866-398-9505 (en français).

Government of Canada Employees can access the Federal Government Employee and Family Assistance Program (EFAP) available 24/7, free and confidential, 1-800-268-7708  
<https://www.canada.ca/en/health-canada/services/environmental-workplace-health/occupational-health-safety/employee-assistance-services.html>

## **Online and Other Resources**

**Crisis Services Canada** • 24-hour, confidential and anonymous suicide prevention and support line. • 1-833-456-4566 • [www.crisisservicescanada.ca](http://www.crisisservicescanada.ca)

**Canadian Virtual Hospice** • Information and support on palliative and end-of-life care, loss and grief. • [www.mygrief.ca](http://www.mygrief.ca) or [www.kidsgrief.ca](http://www.kidsgrief.ca)

**Canadian Association for Suicide Prevention** • <https://suicideprevention.ca/> • <https://suicideprevention.ca/About-Suicide-and-Life-Promotion>

**Tao Tel Aide** • Nos lignes d'écoutes sont ouvertes 24 h sur 24 365 jours par année. Un service de confiance | 1-800-567-9699

**First Nations Hope for Wellness Help Line:** This is a specific resource for First Nations and Inuit to provide immediate, culturally competent telephone counselling, 24 hours a day, seven days a week and is available in English, French and upon request in Cree, Ojibway, and Inuktitut • Call the toll-free Help Line at 1-855-242-3310 or connect to the online chat at [hopeforwellness.ca](http://hopeforwellness.ca).

**Road to Mental Readiness App** (look for it in the App store or on Google Play) is a free mobile app developed by Department of National Defense to improve short-term performance and long-term mental health outcomes. <https://apps.apple.com/ca/app/r2mr/id1148743063>

## COVID-19 Related Information

### REGARDING PASTORAL VISITS IN THE HOSPITAL

If someone is in the hospital and wants to see a spiritual care giver, you have three options:

1. there will be a chaplain on call and you can ask the staff to put you in touch with that person (chaplains are simply local pastors and ministers and priests, including me, who take turns being on call a month at a time),
2. there are iPads available for use at the hospital and they can help you arrange a visit from me that way, or
3. for those in palliative care, it's possible for me to make an in person visit but the patient her/himself, or the family, has to add me to the list of those who are allowed to visit in person.

**“Virtual” health appointments** are now available. Thanks to COVID-19, Yukoners now can have a “virtual health appointment” with a doctor or optometrist using a computer with a “tele-medicine” program called Doxy. Anecdotal reports from seniors who have used the service have all been positive – perhaps this option will continue after self-isolation is no longer required? It will make life easier for people in the communities or with transportation challenges in town. You still need to make an appointment with your physician in the usual way. Don’t forget the 811 phone service is also available if you have a health question or concern.

### Reminder: COVID-19 information online

The one-stop-shop for information about COVID-19 in the Yukon – including government financial assistance programs – is at [yukon.ca/covid-19](http://yukon.ca/covid-19). For a handy table comparing the symptoms for COVID-19, influenza and a cold, click [HERE](#).

### If you can, support our local restaurants

Don't feel like cooking one night and want to support a local restaurant? What's Up Yukon has done a great job at keeping us up to date with all the restaurants that are still open and offering take-out/delivery services. If you have a favourite restaurant, now is the time to support them so they'll be around after the COVID restrictions are lifted. Click [HERE](#) for the list.

### Let's Chat Yukon now operating

Stuck at home and wishing you had someone to speak with? April 15th marked the launch of Let's Chat Yukon, a toll-free line you can call for enjoyable conversation with a fellow Yukoner. Just because you're self-isolating doesn't mean you're alone. This is a free service run by volunteers. 1-877-321-1001