

NEW

Who has rhubarb to spare?

Donna Shopland is looking for rhubarb for the cookie walk pies. She will pick it up if you contact her, and she will even send Ralph to pull it if required.

Woodlake Press has some great reading options for people at whatever stage of life and faith development. The link we provide will take you to their site, but just now we'll highlight some new choices:

Ralph Milton is a long time United Church member, an author, a minister's spouse, with a unique take on being part of the church and specifically part of the United Church. He writes with lots of humour, and the material is very accessible to a wide range of readers.

His latest is "The Gift of Story" - an exploration of what stories mean to humans. Others by him are: "This United Church of Ours" and "God for Beginners" and "Man to Man" - Milton's take on being a man in a world of changing roles and new understandings.

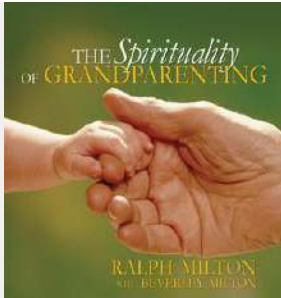
Also from Woodlake Press, parents and grandparents (and anyone who has children in their lives) might be interested in "The Family Story Bible".



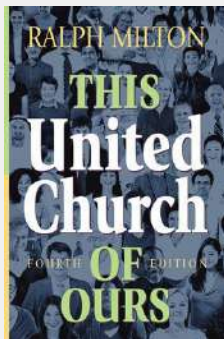
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[The Spirituality of Grandparenting](#)

[MEET THE 'STORY TELLING ANIMAL!'](#)



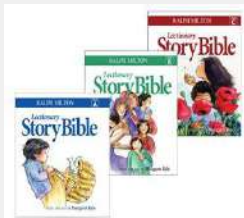
[This United Church of Ours](#)



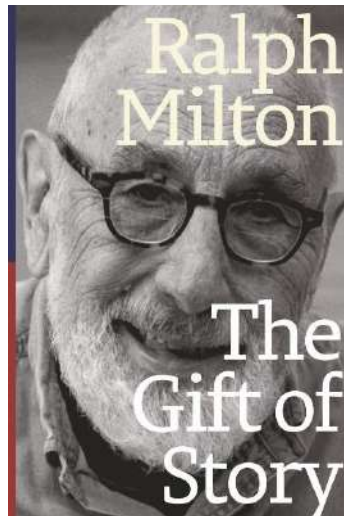
[Sing Hallelujah!](#)



[Lectionary Story Bible Set](#)



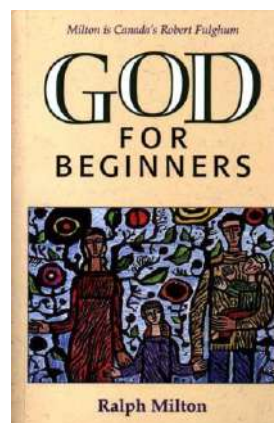
[The Family Story Bible](#)



In [The Gift of Story](#), Milton romps through a lively reflection on what stories mean to humans, “**the story-telling animal**,” how we can all tell stories to enrich our lives and rejoice in the complementary roles that stories and the logic of science play in our lives. It’s a fun read full of lively, refreshing stories and insights.

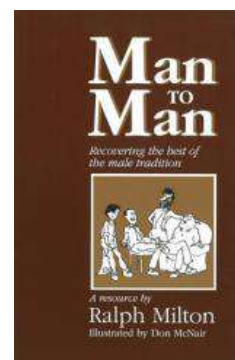
In this [StoryFest](#) companion book, Milton shares insights about storytelling related to themes ranging from mythology and human identity, to social justice, changing from the inside out, tragedy, awe and mystery, hope and promise, and more. But the story is always central; the story is always “the thing.”

OTHER BOOKS BY RALPH MILTON

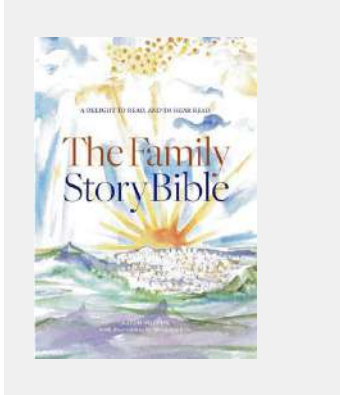


God for Beginners covers a wide range of topics, including the basics such as “who is Jesus,” “the Bible,” “about God,” and more controversial topics, such as “religion and science.”

[MORE INFORMATION HERE](#)



Man to Man is Ralph Milton's take on what it means to be a man in today's world of changing roles and new understandings. A must read for anyone who's looking for some laughs as well as affirmations about being a man.



[MORE INFORMATION HERE](#)

TO ORDER: 1.800.663.2775 | www.woodlake.com

Need to talk with someone? Struggling to cope?

Here are some low/no cost Mental Health resources within the territory:

In-Person free- to low-cost resources

Counseling

In Whitehorse:

Mental Wellness and Substance Use Services Sarah Steele Building – 609 Steele St.,
Whitehorse: 1-866-456-3838

Canadian Mental Health Association – 209-1114 Front St, 668 6429

All Genders Yukon through *Ignite Counselling* - 3089 3rd Ave #1. Call 668-5498 for more information.

Hospice Yukon Society is a community-based not-for-profit organization that has been providing a range of *bereavement support* services to Yukoners. You can learn more about the programs and services that Hospice Yukon offers by visiting the website at www.hospiceyukon.net, dropping by the office at 409 Jarvis Street Monday- Friday 11:30 am - 3:00 pm, or calling 867-667-7429. Confidential support is provided free of charge.

In the communities:

Dawson City: Dawson City Community Hospital: 501 – 6th Avenue, Dawson City: 867-993-4300

There are also Mental Wellness hubs in Carmacks, Haines Junction, and Watson Lake. Please call 867-456-3838 or 1-866-456-3838 for more information.

(Gov)Employee Benefits (free to employees/ their families)

YG Employees can access the Employee and Family Assistance Program at 1 867 668-EFAP (3327) or 1-800-667-0993. Included in the YG Employee and Family Assistance Program is an online resource centre with additional supports related to health and wellbeing, family and relationships, career and work. **Access these resources at:** www.fseap.ca/resources.

City of Whitehorse Employees can access their Employee Assistance Program at www.homewoodhealth.com, and by calling 1-800-663-1142 (English), 1 866-398-9505 (en français).

Government of Canada Employees can access the Federal Government Employee and Family Assistance Program (EFAP) available 24/7, free and confidential, 1-800-268-7708 <https://www.canada.ca/en/health-canada/services/environmental-workplace-health/occupational-health-safety/employee-assistance-services.html>

Online and Other Resources

Crisis Services Canada • 24-hour, confidential and anonymous suicide prevention and support line. • 1-833-456-4566 • www.crisisservicescanada.ca

Canadian Virtual Hospice • Information and support on palliative and end-of-life care, loss and grief. • www.mygrief.ca or www.kidsgrief.ca

Canadian Association for Suicide Prevention • <https://suicideprevention.ca/> • <https://suicideprevention.ca/About-Suicide-and-Life-Promotion>

Tao Tel Aide • Nos lignes d'écoutes sont ouvertes 24 h sur 24 365 jours par année. Un service de confiance | 1-800-567-9699

First Nations Hope for Wellness Help Line: This is a specific resource for First Nations and Inuit to provide immediate, culturally competent telephone counselling, 24 hours a day, seven days a week and is available in English, French and upon request in Cree, Ojibway, and Inuktitut • Call the toll-free Help Line at 1-855-242-3310 or connect to the online chat at hopeforwellness.ca.

Road to Mental Readiness App (look for it in the App store or on Google Play) is a free mobile app developed by Department of National Defense to improve short-term performance and long-term mental health outcomes. <https://apps.apple.com/ca/app/r2mr/id1148743063>

We're glad to let you know that the second in LeaderShift's offering of anti-racism learning is ready for you.

Anna White is a PK (preacher's kid) squared, and a self-professed 'adjunct church geek'. Anna has partnered on projects with many across the Pacific Mountain Regional Council and beyond including the PMR First Third Ministry Network, Mandate magazine, Oak Bay United Church, Camp Fircom, Naramata Centre (to name only a very, very few!). LeaderShift is grateful for Anna leading two workshops for White people in our United Church. She has an encouraging and positive willingness to her leadership with makes tackling challenging conversations possible.

Confronting Whiteness: An Anti-Racism Workshop for White Folks with Anti-oppression Educator Anna White

- Event details for [Registration for Wednesday workshop, July 15 here.](#)



Whether you are new to this journey or have been unpacking your White privilege for decades, this workshop will help you develop personal skills for confronting systemic racism.

Learn more about how we as white people can show up for each other and racialized people in our lives. We will gain skills to support us in moving the dial on our allyship/accomplice work for justice as communities of faith.

You'll have the chance to talk to other White folks about topics ranging from "How do I deal with my racist uncle?" to "What's White culture?" to "Wait, I'm a Settler?!"

The course comes out of decades of anti-racism work led by people of colour, and a persistent ask for White folks to engage in our own work of confronting whiteness individually, interpersonally, and organizationally.

Space is limited for each workshop date. Register soon!

Sorry, but not yet...Summer Worship **Online Only** at WUC

You may have heard that places of worship are now able to re-open in Yukon. However there are many requirements that must be met and many limitations which impact our ability to be the welcoming place we want to be.

Dr. Hanley, bless him, recently hosted a Zoom meeting specifically with leaders of faith communities to discuss the necessary safety restrictions. Sheila Maissan, chair of our Worship Committee, Joan Stanton, chair of Council, and Bev attended, and both committees have discussed his advice.

After much prayerful consideration and consultation, Whitehorse United will not reopen immediately. We will continue offering online Sunday worship from the sanctuary with only the worship leaders present.

First and foremost this is about loving our neighbours and serving our people in the most faithful way we can. How do we love our neighbours right now? Most of our regular attenders are considered vulnerable and we wish to lovingly protect them.

The current restrictions mean we could not offer worship anything like what we had. The things that we are missing the most would be missing still.

For example:

- No singing or spoken participation
- No hugs or handshakes
- No socializing
- No coffee time
- No children's programs
- Assigned, well separated seating
- Six foot distance maintained at all times
- Maximum 26 people attending
- Attendance lists kept

And how could we “enforce” these restrictions? How could we stop people from touching, from singing along, stop children from running around? We try hard to be an inclusive congregation. How do we select who can attend? How do we refuse people who show up?

The goal of a safe, open and welcoming space seems unattainable right now. These restrictions apply to outdoor as well as indoor gatherings.

We are reaching many people the way we're doing it now. We are investing in better equipment and expect the quality of our broadcasting to continue to improve, many thanks to Ernie Prokopchuk and many others! We will re-evaluate the situation in fall.

If you want to discuss this further, please contact Bev (633-3777, bcsbrazier@live.ca), Sheila (668-7774, smaissan@northwestel.net), or Joan (332-4073) (stanish@northwestel.net)

Bless you.

Upcoming Activities & Events (Also, check out the website [Church Calendar](#))

| Date | Time / Location | Details |
|--|-----------------|---------|
| <p>All meetings and activities at the church have been cancelled due to COVID-19. Please stay tuned for information about the resumption of in-person meetings and activities.</p> <p>Please see the Facebook page for information about interactive Facebook daily 7 pm story time for the little ones and Sunday 10:30 virtual worship.</p> | | |

COVID-19 Related Information

“Virtual” health appointments are now available. Thanks to COVID-19, Yukoners now can have a “virtual health appointment” with a doctor or optometrist using a computer with a “tele-medicine” program called Doxy. Anecdotal reports from seniors who have used the service have all been positive – perhaps this option will continue after self-isolation is no longer required? It will make life easier for people in the communities or with transportation challenges in town. You still need to make an appointment with your physician in the usual way. Don’t forget the 811 phone service is also available if you have a health question or concern.

Reminder: COVID-19 information online

The one-stop-shop for information about COVID-19 in the Yukon – including government financial assistance programs – is at yukon.ca/covid-19. For a handy table comparing the symptoms for COVID-19, influenza and a cold, click [HERE](#).

If you can, support our local restaurants

Don't feel like cooking one night and want to support a local restaurant? What's Up Yukon has done a great job at keeping us up to date with all the restaurants that are still open and offering take-out/delivery services. If you have a favourite restaurant, now is the time to support them so they'll be around after the COVID restrictions are lifted. Click [HERE](#) for the list.

Let's Chat Yukon now operating

Stuck at home and wishing you had someone to speak with? April 15th marked the launch of Let's Chat Yukon, a toll-free line you can call for enjoyable conversation with a fellow Yukoner. Just because you're self-isolating doesn't mean you're alone. This is a free service run by volunteers. 1-877-321-1001

How do I financially support Whitehorse United Church during this time of COVID restrictions?

PAR
(Pre-Authorized Remittance)
automatic withdrawal from your bank account or credit card

OR

Mail a cheque to the Church
or mail several post-dated checks if that works better for you

OR

Online
On the church website, click "Donate" on the left side. This takes you to the Canada Helps donation web portal – you can make your offering via credit card and Canada Helps will forward it to the church

Already on PAR?

Your auto withdrawals will continue

Do you want to sign up for PAR?

Contact the church office

Church office: 867.667.2989 or
wuc@klondiker.com
601 Main Street
Whitehorse, YT Y1A 1M6

Questions about PAR? Or would like to increase your PAR?
Call the church office and someone will get back to you asap.

April 2020