

Whitehorse United Church E-News, Week of February 18, 2019

Upcoming Activities & Events (Also, check out the website [Church Calendar](#))

Date	Time / Location	Details
Ongoing		
Sundays	9:30 am, Sanctuary	Toddlers' Service – short service of songs stories and snacks for little ones and their families.
Wednesdays	Noon, Sanctuary	Worship Service
Wednesdays	3:00 pm, Upper Room	Bible study
Wednesdays	7:30-9 p.m.	Choir Practice
Thursdays	7:15–8:00 am Upper Room	Early Morning Bible Study
February		
Tuesday, 19	1:30-3 pm, Upper Room	Weekly discussion series, exploring God's call to Distributive Justice in the world
Tuesday, 19	7 pm, Upper Room	Council meeting
Friday, 22	5:30 pm, Upper Room	Writers' Group
Sunday, 24	Noon, Sanctuary	Ukulele group practice
Tuesday, 26	1:30-3 pm, Upper Room	A weekly discussion series, exploring God's call to Distributive Justice in the world
March		
Saturday, 2	9 am, Lewis Hall	Day for Girls Sewing
Sunday, 3	Communion	
Sunday, 3	Noon, Sanctuary	Ukulele group practice
Tuesday, 5	7 pm, Upper Room	Worship Committee meeting
Tuesday, 5	Shrove Tuesday	
Wednesday, 6	Ash Wednesday	
Wednesday, 6	5:30 pm, Upper Room	Christian Growth Committee meeting
Wednesday, 6	7 pm, Upper Room	Fundraising Committee meeting
Thursday, 7	1:30-3:30 pm, Lewis Hall	Mental Wellness – Conversation Café (see notice)
Sunday, 10	First Sunday of Lent	
Sunday, 10	Noon, Sanctuary	Ukulele group practice
Tuesday, 12	Noon	Property Committee meeting
Tuesday, 12	5 pm, Choir Room	WUC in the World Committee meeting
Thursday, 14	4:15 pm, Upper Room	Finance Committee meeting
Sunday, 17	2 nd Sunday of Lent	
Sunday, 24	3 rd Sunday of Lent	
Sunday, 31	4 th Sunday of Lent	
April		
Friday, 5	CYO Hall	Braeburn fundraiser – Spaghetti supper – HOLD THE DATE
Sunday, 7	5 th Sunday of Lent	

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Date	Time / Location	Details
Sunday, 14	6 th Sunday of Lent	
Thursday, 18	Maundy Thursday	
Friday, 19	Good Friday	

Please read the attached report from the Visioning Committee

At the AFM we heard from Wes Marsh, who heads a group we called the Visioning Committee. That group was open to anyone who wanted to attend. It began when we started to have discussions about the future of our church. Looking at demographics, at the trends in society, at what other churches are experiencing, there is no question that things are changing with respect to the place and role of churches. What does//will this mean for WUC?

We don't know, but it's not a good policy to hide our heads in the sand and hope things "get better". The fact that the baby boomers are ageing is making a difference in everything in society. That's just one factor. There are more people from different religions, no religions, different ethnicities....it's an exciting and challenging time to be the church. HOW WILL WE MOVE INTO THE FUTURE?

So, we gathered for a few talks last year, just to talk about the changes. That led to people saying "we should DO something!" and so this group, the visioning group, was born. They met quite a lot in the summer because there were some young university folks who wanted to take part. Their input was very, very good.

You'll see from the attached report that they have done what they can for now. They are handing off their findings to relevant committees, and to Council, and to what will become a fundraising committee.

They have 81 recommendations, here attached. This is only the beginning of seeking what the Spirit is asking of us and where the Spirit is leading.

Please read their report, and let it spark in you imagination and trust and resolve for the future. Thanks to Wes and to those who took part!

MENTAL WELLNESS – CONVERSATION CAFES

Are you an older adult wondering about mental wellness and age? Are you providing support to a senior with a mental health issue, dementia, mild cognitive dysfunction, etc.? Join seniors, caregivers and others at a series of **free Mental Wellness Conversation Cafés**, for presentations, discussion, information and conversation. Come for coffee/tea and an informal social time.

Dates: March 7, April 4, May 2, and May 30

Time: 1:30 – 3:30 pm

Location: Lewis Hall, at Whitehorse United Church, 6th Ave. and Main St.

March 7: “Winter Blues? Low Mood?” How is it different for older men and women? What resources are there to assist you, your family and friends? **Facilitated** by psychologist **Dr. Reagan Gale and Kelly Cooper**, social worker and manager of Seniors Services, Health and Social Services.

April 4: “Keeping Your Brain Healthy” - Join us for a discussion on evidence-supported strategies to keep our brains healthy and happy as we get older **with Dr. Reagan Gale**

May 2: “Forget It! – Changes in Thinking and Forgetting as We Get Older – with Dr. Reagan Gale and Cecilia Fraser, A/Director of Whistle Bend Place Continuing Care Home.

May 30: “Creating an Age Friendly and Dementia Friendly Community” – Information and support for caregivers and people living with dementia. How can we as a community take action? With **Joanne Lewis** from Alzheimer’s Caregivers Support Group, **Kelly Cooper** of Senior Services, and others.

Transportation: Do you need a ride? Can you offer a ride? Contact Seniors Action Yukon at sractionyk@gmail.com or call Tiffanie at Canadian Mental Health Association – Yukon Division at 668-6429, by the Monday evening of the week of the Conversation Café.

Sponsored by the Wahl Fund of Whitehorse United Church, Canadian Mental Health Association – Yukon Division, Northern Institute of Social Justice at Yukon College, Seniors Action Yukon (SAY), in collaboration with Yukon Health & Social Services - Continuing Care and Senior Services and Mental Wellness and Substance Use Services. Coordinated by Susan Rae, Andrew Kaegi and Lillian Nakamura Maguire.

For more information contact Lillian at Seniors Action Yukon - sractionyk@gmail.com.

NOTICES:

THIS WEEK

Share your creative flare! Help decorate the Braeburn float for Rendezvous parade.

Braeburn Camp Board is putting a float in the upcoming Rendezvous parade
FRIDAY FEB 22 AT 10 AM

We'll need willing hands to help us decorate our float - who's in?

PLEASE JOIN US AT 8 OR 8:30 ON THE 22ND, JUST OUTSIDE THE CHURCH.

RENDEZVOUS SUNDAY Feb 24th

- There will be no specific rendezvous theme in worship but if you would like to wear rendezvous costumes, please do
- At 1 pm that Sunday, Braeburn Camp will host a campfire/worship service around the fire pit at Kwanlin Dun Cultural Centre

FUTURE DATES

Wednesday, March 6 - 7pm...first meeting of the new Fundraising Committee! If you are interested in offering the gift of our time to help mentor, coordinate and sift through ideas for church fundraising efforts, please join us for this first meeting. No commitment required at this meeting - come and see what we have in mind, then decide if this is a committee for you. For more information contact Jennifer (jennifermoorlag@gmail.com or 333-0228)

Tea and Hymn Sing – Third Friday of each month, 2pm in Hellaby Hall. All are welcome.

Keep Fit – Wednesdays 10 am to 11am in Hellaby Hall. Come stretch and breathe with us. \$5.00 per session and bring along 2 soup cans for weights.

Choir for Young People called Angel Voices. Thursdays 5.00 – 6.15 pm @ Christ Church Cathedral. Free & open to all people under 21 who can hold a tune and read the words. Contact Anne Coates: anne@yukon1000.com or 335-4415

Have questions about the Visioning Committee? Or, do you have ideas to share with the Committee? Please feel free to contact the Committee Chair, Wes Marsh at 335-2091 or wesmarsh11@hotmail.com.

LIBRARIES AT WUC - did you know that WUC has a library? It's just outside Bev's office and has a wide range of books you can borrow. Also, there is a book shelf in the narthex with books you can simply take. If you have books to give away you can put them there for others.

Asking for Need help with Opportunities



Needed: a place to rent for a single professional employed man. He has no pets. Non-smoker. Call Oliver at 778 580 9105



Did you know that the choir keeps a list of people's favourite hymns (or hymns that you want at your funeral)? If you would like to add your choices to the list, let someone from the choir, or Barry, know.

Looking For Wedding and Bridesmaid Dresses

Looking for wedding and bridesmaid dresses especially from the 30s and 50s (other decades as well) for a possible wedding dress show in May. Dresses may be modelled or hung for display. Call Susan Van Tassel at 393-3119

Scripture Readers Required

Interested in reading scripture on a Sunday? There is a sign-up sheet on the bulletin board.

Notice from the Sound Board Techs: Anyone who has an event coming up and needs microphones/sound board use, please contact Susan Clark at 334-6119 or susan@stuandsusan.ca.

Birthday, Anniversary Cards

Community Life is looking for people to help write birthday and anniversary cards. You don't have to buy anything. All of the cards and stamps are in the office. If you would like to help please contact Dianne at the office. 667-2989

Prayer Chain

Did you know that we have a prayer chain? It's simply a group of people who have agreed to be there to pray for people when asked to do so. No meetings, just a willingness to pray. Would you like to be part of this ministry? Let Bev know.

Poster Distribution Service

Mallory's Postering Service - available for poster distribution. Contact Mallory at 334-6816.

Wahl Music Training Fund

Do you want to attend a music camp, take music lessons, have your children or grandchildren take music lessons or bring a music clinician to Whitehorse? You can do that by applying to the Wahl Music Training Fund.

The fund is available to anyone who is a member or adherent of Whitehorse United Church. Applications are available on the Whitehorse United Church website.

For more information contact Jennifer at: jennifermoorlag@gmail.com